

Compass

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PSALM 139: 1-12 KJV

¹ O Lord, thou hast searched me, and known me. ² Thou knowest my downsitting and mine uprising, thou understandest my thought afar off. ³ Thou compassed my path and my lying down, and art acquainted with all my ways. ⁴ For there is not a word in my tongue, but, lo, O Lord, thou knowest it altogether. ⁵ Thou hast beset me behind and before, and laid thine hand upon me. ⁶ Such knowledge is too wonderful for me; it is high, I cannot attain unto it. ⁷ Whither shall I go from thy spirit? or whither shall I flee from thy presence? ⁸ If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. ⁹ If I take the wings of the morning, and dwell in the uttermost parts of the sea; ¹⁰ Even there shall thy hand lead me, and thy right hand shall hold me. ¹¹ If I say, Surely the darkness shall cover me; even the night shall be light about me. ¹² Yea, the darkness hideth not from thee; but the night shineth as the day: the darkness and the light are both alike to thee.

Search Me Oh Lord

Remember growing up and hiding from mom and dad, and the feeling when they found you. What a feeling! Now, as an adult, one can recognize that God has found favor and searched them. How comforting it is to know that God has examined each person. It becomes a time for relaxation, reflection, and renewal. When God searches individuals, it marks the beginning of His Spirit dwelling within them, reminding them that He truly knows them. His search is not to condemn, but to lovingly reveal the true condition of the heart. Through His examination, believers are reminded that nothing in their lives is hidden from His wisdom and care. When someone's spirit tries to walk its own path, the presence of His Spirit reassures them that His hand is always with them, and they cannot escape His presence. Even in circumstances and thoughts that cause hope to fade, one can trust that God is always near. 1 John 1:5, This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all.

WHEN WAS THE LAST TIME YOU RECOGNIZED THE PRESENCE OF THE LORD IN YOUR LIFE. DID YOU EXPERIENCE HIS NEARNESS, AND HOW DID IT IMPACT YOU?

Consider how acknowledging God's presence changes daily living. Reflect on moments when His guidance, peace, or correction became evident. How did recognizing Him strengthen your faith and encourage you to walk more closely with Him?



Sunday School Lesson For
MARCH 8, 2026

Sunday School Title
PHYSICAL AND SPIRITUAL
FITNESS

Sunday School Scripture
DANIEL 1:8-17;
1 TIMOTHY 4:7-8

Main Thought

*Train yourself in
godliness, for, while
physical training is of
some value, godliness is
valuable in every way,
holding promise for both
the present life and the
life to come.*

1 TIMOTHY 4:7-8, NRSVue

Closing Prayer

Father in Heaven, there are moments when our souls feel weak and weary. In these times, we may lose sight of the truth that, regardless of our actions, destinations, or even our thoughts, Your presence remains with us always. We are grateful for Your constant reminders that You are all-knowing and unfailing. Thank You for being our source of strength and assurance. In Jesus' name, Amen.

BETHLEHEM BAPTIST CHURCH