



Compass

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1 JOHN 4:17 – 21 KJV

¹⁷ Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world. ¹⁸ There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. ¹⁹ We love him, because he first loved us. ²⁰ If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen? ²¹ And this commandment have we from him, That he who loveth God love his brother also.

The Cure for Hatred Oh, How I Love Jesus!

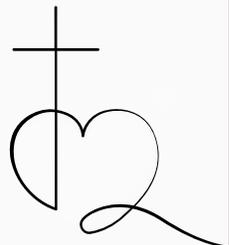
Attending Vacation Bible School is a cherished memory. One day, a song was taught: "Oh How I Love Jesus!" The lyrics were simple, pleasant, and uplifting. Even today, the meaning remains unchanged, and the feeling comforts our hearts. The song's message teaches courage for the day of judgment. Too often, people allow fear to steal their joy, but those who follow God do not need to fear judgment, for Christ gave His life for them.

God loves humanity even when we are unlovable. In response, He deserves our love, devotion, and service. According to John, we cannot claim to love God, whom we have not seen, while hating our brother, whom we do see (1 John 4:20). If we fail to love our brother, we do not truly love God either. God issued a commandment, not based on feelings or preferences, but on His love: "Because I love, you are to love." This truth reminds believers that love must be practiced, not merely spoken.

When hate penetrates our heart, let us sing: Oh, how I love Jesus, Oh, how I love Jesus, Oh, how I love Jesus, Because He first loved me. Remembering His love softens even the hardest heart.

WHAT DO YOU DO WHEN HATE FILLS YOUR HEART?

When hate fills your heart, remember the Lenten season calls us back to love. As Scripture reminds us, "Perfect love casts out fear" (1 John 4:18). In such moments, turn to Christ and let His love heal you, allowing forgiveness to replace bitterness and grace to replace anger. Then your heart can sing again, "Oh, how I love Jesus, because He first loved me." Love is the cure for hatred. His love teaches us to forgive as we have been forgiven. In loving others, we reflect the very heart of God.



Sunday School Lesson For
MARCH 22, 2026

Sunday School Title
PUTTING AN END TO
PREJUDICE AND
DISCRIMINATION

Sunday School Scripture
ACTS 10:9-15, 30-35;
GALATIANS 3:28-29

Main Thought

There is no longer Jew or Greek; there is no longer slave or free; there is no longer male and female, for all of you are one in Christ Jesus.

GALATIANS 3:28, NRSVue

Closing Prayer

Father God, sometimes it is difficult to show love equally to everyone, especially when we feel unloved by others. Please guide us to depend on You and Your Word and remind us that You loved us first. In Jesus' name we pray. Amen!